

**Table 2.22-- HEALTH RISK BEHAVIORS AND CONDITIONS FOR
PERSONS 18 YEARS AND OLDER: 1999 TO 2002**

[Weighted percent of adults who reported the health risk behaviors or conditions]

Risk factor 1/	1999	2000	2001	2002
Seatbelt non-use	(NA)	(NA)	(NA)	0.8
Binge drinking 2/	14.0	(NA)	10.4	11.9
Drinking and driving	2.3	(NA)	(NA)	6.3
High cholesterol	27.6	(NA)	25.1	(NA)
Hypertension	22.7	(NA)	24.1	(NA)
Lack of exercise 3/	25.5	23.2	18.9	16.1
Poor nutrition 4/	(NA)	(NA)	78.4	79.6
Diabetes	5.2	5.2	7.2	7.2
Current smokers 5/	18.5	19.7	20.5	21.0
Overweight 6/	(NA)	50.2	51.4	53.1
Obese 7/	15.7	15.7	17.9	17.1

NA Not available.

1/ Certain risk factor data are collected only on alternating years.

2/ Five or more alcoholic beverages on at least one occasion, in the past month. Category name was "Acute drinking" for years prior to 2001.

3/ Physically inactive. No leisure-time physical activity reported during the past month. Category was changed from the one used to measure exercise in previous *Data Book* tables.

4/ Less than five fruits and vegetables a day.

5/ Listed as "cigarette smoking" in previous *Data Book* tables.

6/ Overweight or obese. Body mass index (BMI) greater than or equal to 25. Criteria used in this table differs from the criteria used in previous *Data Book* tables.

7/ Body mass index (BMI) greater than or equal to 30.

Source: Hawaii State Department of Health, Office of Health Status Monitoring, Behavioral Risk Factor Surveillance System (BRFSS) <<http://www.state.hi.us/doh/stats/surveys/brfss.html>> accessed July 21, 2003.